

ROCKLAND ROAD RUNNERS

Week of November 30, 2009

Turkey Trot

Congratulations to Mike Greco and his committee on a great turnout...2600 Turkey Trot participants! That's an increase of over 600 from last year! Hope everyone had a wonderful Thanksgiving! We hope to see all of you again next year!

Rockland Alumni Cross Country Run

Jamie Kempton

Clarkstown North, Albertus Magnus Earn Team Titles at Alumni XC Run

Clarkstown North grabbed its record ninth men's team title and Albertus Magnus captured its first women's crown at the 27th Bill Markiewicz Memorial Rockland Alumni Cross Country Run at Bear Mountain on Saturday. The club was a co-sponsor of the race for the first time and we would like to thank the RRR volunteers who worked the registration tables and otherwise assisted greatly. Fierce, whipping winds slowed down but did not deter the 201 harriers who took part in the race. Bert Rodriguez, Nyack class of 1997, won the hilly 3-mile race in 15:44.5. Julianne Littmann-Viscardo, Monroe-Woodbury '95, set a record by capturing the women's division for the eighth time, clocking 20:22. Albertus Magnus won the team participation title (men & women combined) with 48 participants – almost one-quarter of the total field. Altogether, 48 high schools from nine states were represented. Thanks to all for another very successful event at Bear Mountain.

Holiday Party

Friday, December 4, 2009. Terrace on the Hudson, 21 South Rt. 9W, Haverstraw, NY. Buffet dinner, DJ, Dancing, Annual Awards, and much more...

Members: \$10 non refundable

Non Members: \$35 non refundable

Mail check to RRR

PO Box 132

Congers, NY 10920

For further information please email: activities@rocklandroadrunners.org.

Club Elections

This is an election year. All executive positions are up for re-election.

Interested individuals should contact the voting committee:

Marie Killeen at tootsienmike@aol.com

Enilda Indyk at enildai@aol.com

JoAnn Hodges at jomomma2@optonline.net

The deadline for submission is December 03, 2009

Volunteers

Thanks to the members who volunteered for the Adopt a Road and Knickerbocker Bench Building earlier this month. I would also like to thank those who helped out at the Turkey Trot and Alumni Cross Country last week.

God Bless Our Troops and God Bless America!

 Please consider the environment before printing this e-mail.