

Race Fee:

The Marisa Fund part of the "Dream - Discover - Cure" Program at the Children's Hospital at New York Presbyterian and Columbia University Present the Sixth Annual:

Marisa 10K Runand 3 Mile Fun Walk

Sunday, May 23th, 2010 • 8:30am

Where: Start and finish at Rockland Lake State park, Congers, NY (North Parking Lot #1)

Course: 10K course is TAC-USA certified # NY91001DB Course elevation is 150ft. from sea level and

remains the same throughout the course, making this race fast and flat

Registration: Pickup Saturday, May 22, David's Bagels, North Main Street, New City, 1-5pm

Race Information: Contact Dave Goldwasser, (914) 522-3890 or Pick1off@aol.com

Schedule: 6:45 - 8:15am Race check-in and registration.

8:30am 10K Start

10 K

\$25.00

9:20am 3 mile Fun Walk Start - An untimed fun event

3 Mile Fun Walk

\$15.00

(RRR - \$10.00) (H.S. \$5.00)

(RRR - \$20.00) (H.S. \$10.00) (R

Awards: Trophies to overall M/F Winner in 10K.

T-Shirts guaranteed to first 400. Special gift to all walkers.

10K Age Group Categories: 15 & under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54,

55-59, 60-64, 65-70, 70+

ow Transplantation at Children's

Upcoming

Anouncement

regarding race date change for Fall 2010

Marisa's father established the Marisa Fund to support research in Pediatric Blood and Bone Marrow Transplantation at Children's Hospital of New York-Presbyterian and the Columbia University Department of Pediatrics, and to provide financial assistance to families of cancer patients who are unable to meet the high costs of their children's care. The funds raised will help to improve the chances of survival for children undergoing blood and bone marrow transplantation, and to reduce the risks of their associated therapies. We hope that future children will not suffer as Marisa did from the complications of her therapy.

Each and every donation to the Marisa Fund will make an important difference in the lives of our young patients and the future of all children with cancer. Thank you again for choosing to honor Marisa's memory in this way, and for lending your support.

For directions to the race or to register online go to www.rocklandroadrunners.org/races/Marisa/

Please note new RRR Memberships will receive our RRR race entry fee rate.

Marisa Fund	Last Name	First Name	
T-Shirt size: S M L XL	Address (number & street)	Race [Day Age M/F
Amount enclosed \$	City	State	Zip
Payable to: the Marisa Fund, c/o Dave Goldwasser 3309 Leeward Dr. Haverstraw, NY 10927	Phone (with area code)	Birth Date	RRR Member #
☐ I would like t	email: o join RRR: I have enclosed \$25 (individual)	dual) or \$45 (family) Please mak	e check payable to RRR

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your acceptance of my application for membership and/or participation, I, for myself, and anyone entitled to act on my behalf, waive and release the Marisa Fund, Rockland Road Runners, Columbia University and NY Presbyterian Hospital, Town of Clarkstown, Palisades Interstate Park Commission, Super Race Systems, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver.

Signature: Parent's if under 18: