

South Nyack Ten Miler

FEES:

- Kid's Run \$3
- RRR Members & Residents of South Nyack, Grandview & Piermont: \$17.00
- Non-Members: \$20.00
- Volunteer One Mile Challenge: \$10.00

- Race Day \$25 for all **T-shirts not guaranteed for race day entrants**

Mail to: South Nyack Ten Miler c/o RRR, PO Box 435, Congers, New York 10920

- I would like to join the Rockland Road Runners for 2007/2008. I have enclosed \$25 for annual dues.

PLEASE PRINT CLEARLY AND COMPLETE ALL BOXES INCLUDING SIGNATURE

FIRST NAME:

LAST NAME:

STREET ADDRESS:

CITY:

STATE:

ZIP:

AGE:

GENDER:

EMAIL:

Waiver Must Be Signed

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete or assist in the event. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Rockland Road Runners, KDF and Super Race Systems and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that bicycles, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. I also grant permission to the event organizers to use or authorize others to use any photographs, motion pictures, video, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration. **Absolutely no refunds.**

SIGNATURE OF PARTICIPANT OR PARENT/GUARDIAN IF UNDER 18